



CHARLES UNIVERSITY
Second Faculty of Medicine

INFORMATION ABOUT PE AND SPORT FOR INTERNATIONAL STUDENTS of Third Faculty of Medicine

Department of Physical Education
Second Faculty of Medicine
Charles University



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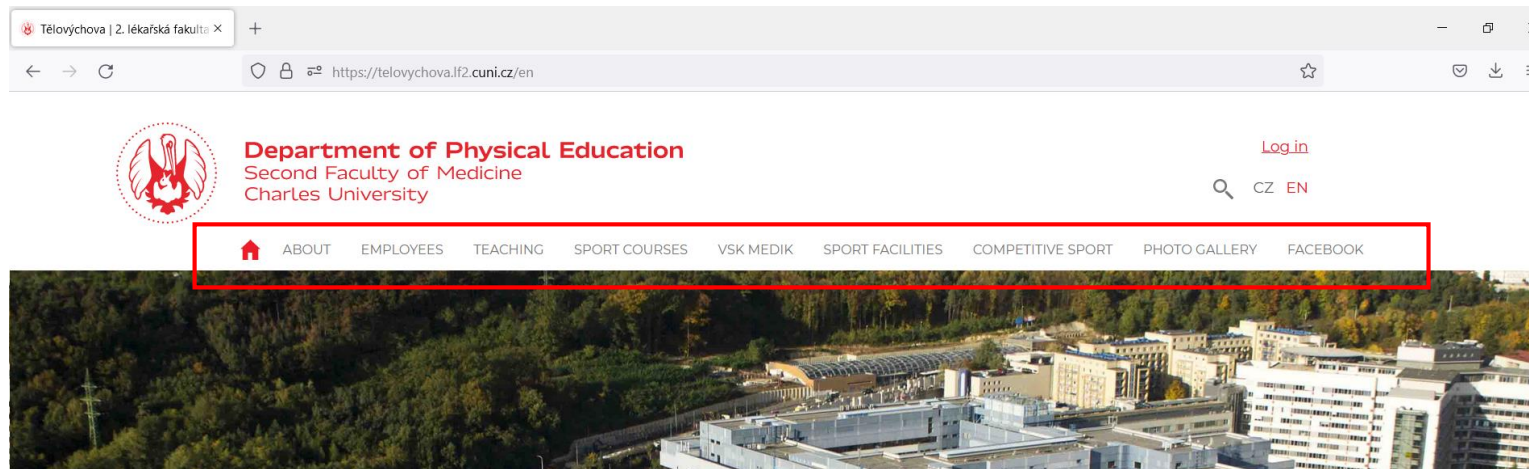
Department of Physical Education

Second Faculty of Medicine, Charles University

- Contractual provider of PE and sport courses for 3rd Faculty of Medicine
- Access to all the important info via redesigned official website of **Second Faculty of Medicine:**

Faculty > Departments > Department of Physical Education

- News, contacts, registration, sports courses, sport facilities etc.



General information 1st – 6th year of study

- PE is optional for all the students of 3rd FM
- 3 credits for each item (Physical Training 1-6, a semestral course, week-long courses)
 - Possibility to enrol in any of them repeatedly each year of study
- Requirements for completing optional subject PT 1-6:
 - Active participation
 - Minimum 12 times attendance per academic year
- Other smestral courses are set according to the lecturer (info in SIS)



Credit Sports Courses on offer



List of Optional Subjects in SIS

Physical Training 1 – (particular sport option in "kolweb")

Physical Training 2 – (particular sport option in "kolweb")

Physical Training 3 – (particular sport option in "kolweb")

Physical Training 4 – (particular sport option in "kolweb")

Physical Training 5 – (particular sport option in "kolweb")

Physical Training 6 – (particular sport option in "kolweb")

Aerobic Course I

Aerobic Course II

Bike Course

Canoeying Course

Climbing Course

Course for non-swimmers or beginners

Dance Course

Golf Course

Health Promotion

Increasing Physical Ability

Preparatory course I. for obtaining a license: Lifeguard

Preventing Burnout

Reducing and fitness course

Rescue Course – obtaining a license: Lifeguard

Self-defence course

Summer Training Course I.

Summer Training Course II.

Summer Training Course III.

Summer Training Course IV.

Summer Training Course V.

Tourism Exploring Prague and surroundings (in summer semester only)

Winter training course – general

Winter training course – specialized



Registration of subjects/courses

- All subjects are registered via SIS
- If you choose **Physical Training 1-6** (in SIS), next step is enrollment of particular sport via our web application ("kolweb"):
 - a. Login details are the same as for SIS and CAS
 - b. Choose a sport you want to attend
 - c. Click on "ZAPSAT" (ENROLL)



All info including link to the web application can be found at our web site



Winter sport courses 2023

GENERAL

Erlebach I	15th – 20th Jan
Vak I	22nd – 27th Jan
Vak II	29th Jan – 3rd Feb
Erlebach II	29th Jan – 3rd Feb
Leisacherhof (Austria)	5th – 12th Feb

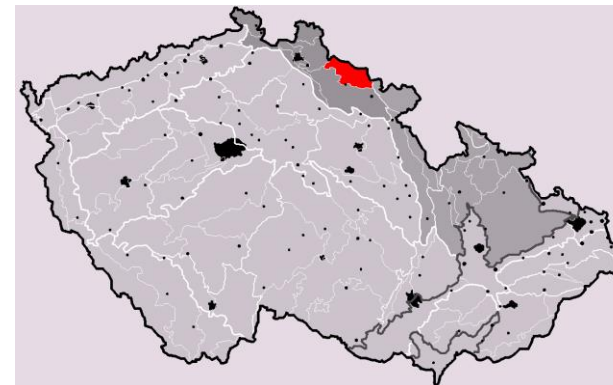
Registration from **17th October 2022 at 10:00 a.m.**
via web application **[“kolweb”](#)**.

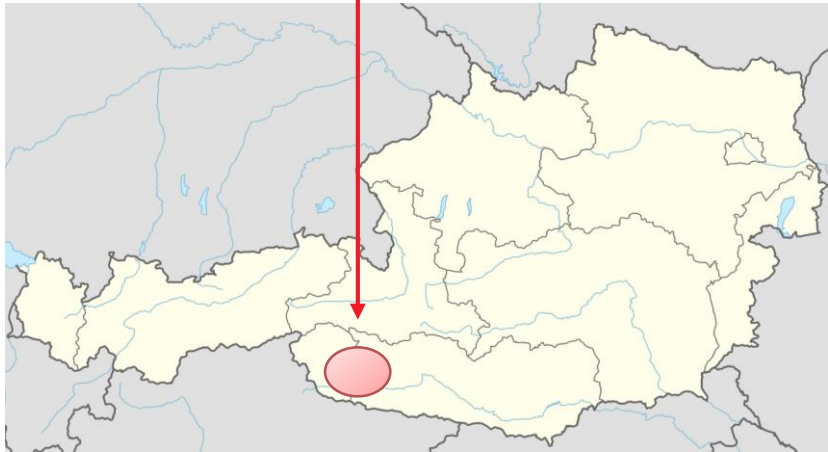


SPECIALIZED

- Downhill skiing, cross country skiing, snowboarding, ski touring







Summer sport courses 2023 - general

Dobronice I	13th – 20th August 2023
Dobronice II	20th - 27th August 2023

- registration during the spring 2023
- wide range of sports and activities
- accommodation in woden cabins
- full-board of food
- transport from and back to Prague



SPECIALIZED

- all-year-round-organized courses: hiking, cycling, canoeing, ski touring etc.
- usually on weekends – type B courses





VSK Medik Club

- Sport club for academic community of 2nd and 3rd Faculty of Medicine
- Close cooperation with our department
- Organizer and financial supporter of sport activities, events, courses
- Membership allows you participating in all events with little discount, free use of equipment for some sports and professional guidance
 - 200 CZK per calendar year (instructions for payment at our website)
- For obtaining credits all-year-round-organized sport courses you need to complete one 6-days course (type A) or two 3-days courses (type B) – list of courses on our [website](#)



Hostivar Sports Centre – SC UK



- Brslarska St. 10, Prague 10 – bus stop GERCENOVA



External Sport Facilities

- climbing wall, bouldering - „Pod Juliskou“
- shipyard - „Malá Chuchle“
- Studio SUN
- Self-defence Sport Centre – CKS Zizkov
- Golf Centre - Hodkovicky
- Squash Centre - Strahov



Course fee is required at external sport facilities (!)



Contacts

Academic staff and researchers	
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CHARLES UNIVERSITY
Second Faculty of Medicine

We are excited to move together!

We are open to new suggestions and feedback. If you have any questions do not hesitate to contact us!

General issues regarding physical education and sport can be consulted with our sport coordinator for international students Mgr. Michael Janek -
michael.janek@lfmotol.cuni.cz

Department of Physical Education