



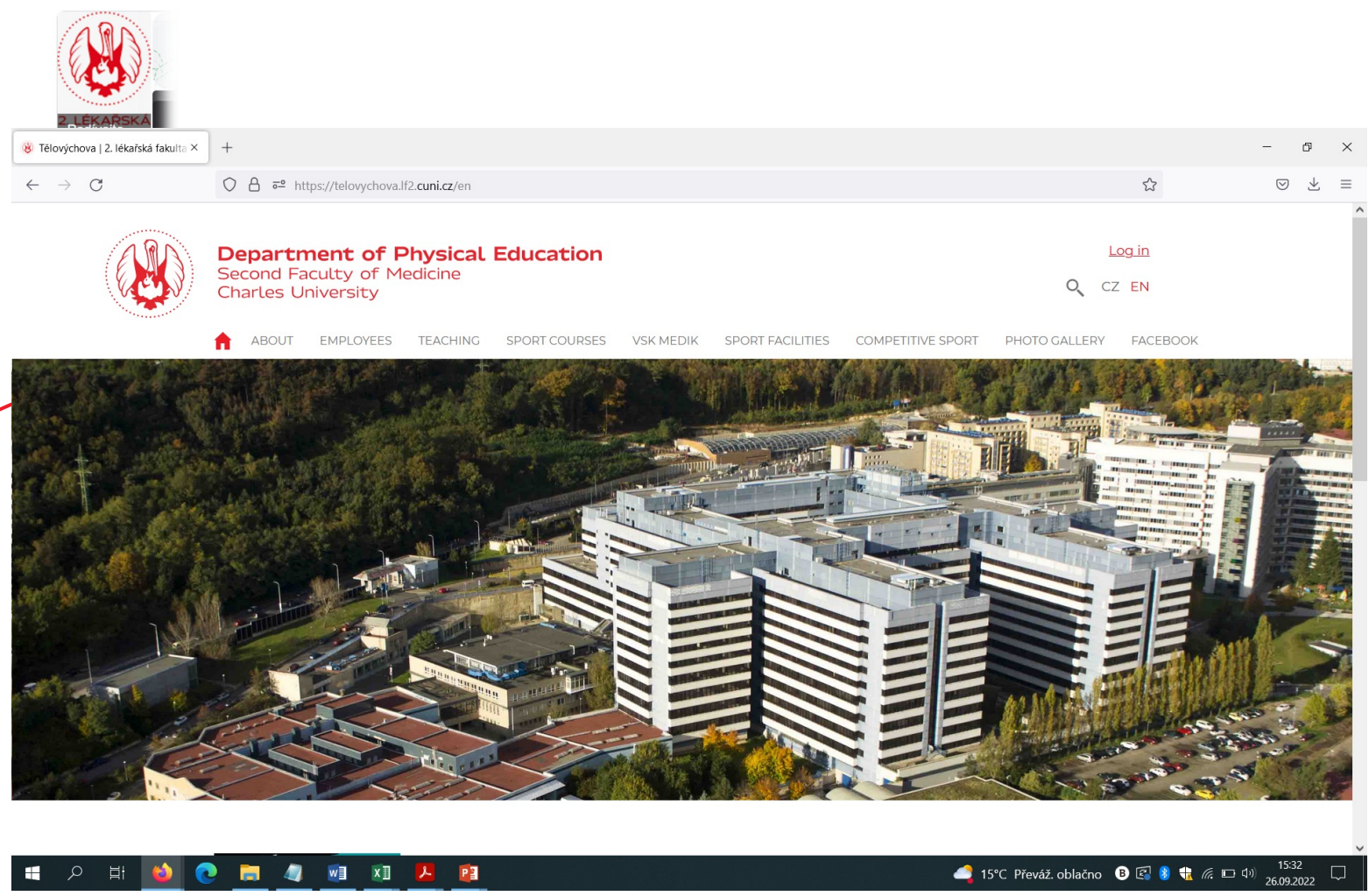
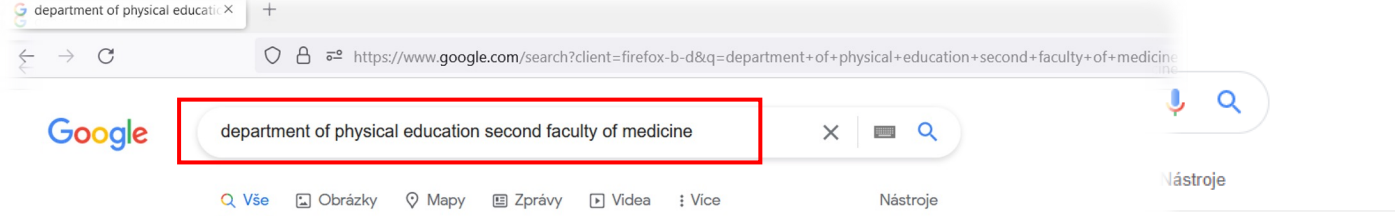
CHARLES UNIVERSITY  
Second Faculty of Medicine

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# INFORMATION ABOUT PE AND SPORT FOR INTERNATIONAL STUDENTS of Second Faculty of Medicine

Department of Physical Education  
Second Faculty of Medicine  
Charles University

Author: Mgr. Michael Janek



## Access to our website:

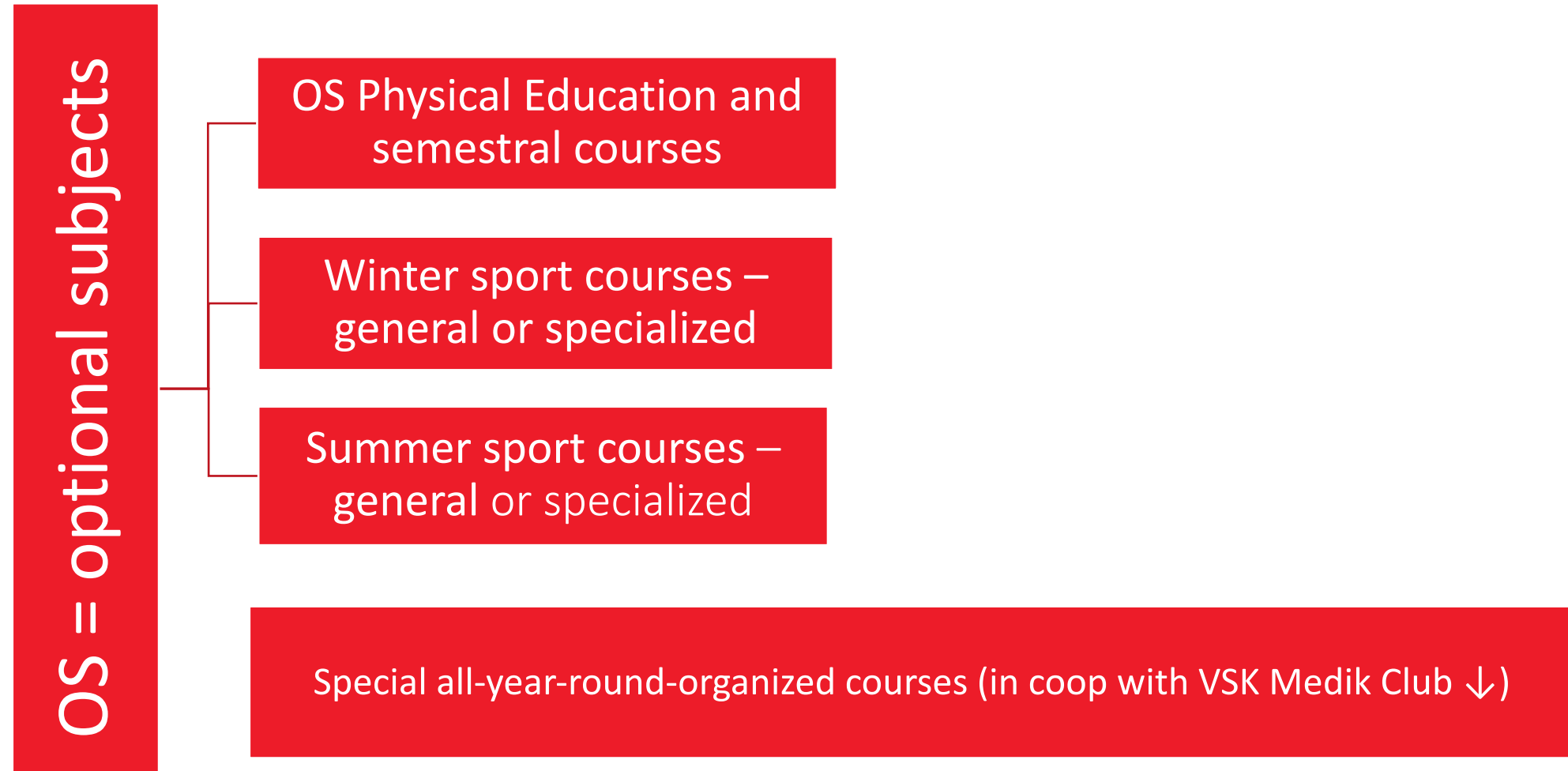
1. Google the department
2. Choose the first option
3. Browse the info:
  - News
  - Contacts
  - Registration to PE and Courses
  - Sport facilities
  - Facebook
  - Etc.

# General information 1st – 6th year of study

- PE in General Medicine is optional
- 3 credits for each item (OS PE, semestral course, course) per semester
  - Possibility to enrol in any of them repeatedly each year of study
- Requirements for completing subjects:
  - Active participation
  - Minimum 11 attendances per semester for OS – Physical Education
  - Other optional subjects according to the particular lecturer



# Credit Sports Courses on offer



# List of Optional Subjects in SIS

OS - Reducing and fitness course

OS - Cycling course

OS - Canoeing course

OS - Climbing course

OS - Increasing physical ability

OS - Golf course

OS - Pilates course

OS - Dancing course

OS - Tourism Exploring Prague and surroundings

OS - Preparatory course I. for obtaining a license: Water Rescue - Lifeguard

OS - Rescue Course - obtaining a license: Water Rescue - Lifeguard

OS - Competitive swimming

OS - Competitive volleyball

OS - Summer sport course - specialized

OS - Summer sport course - general

OS - Summer sport course - general

OS - Summer sport course - general

OS - Sports games

[OS - Physical Education - \(more options in "kolweb"\)](#)

OS - Health Physical Education

OS - Self defense course

OS - Competitive ice hockey

OS - Course for non-swimmers or swimmers - beginners

OS - Physical Education in Primary Prevention I

OS - Physical Education in Primary Prevention II

OS - Winter Sports Course - general

OS - Winter Sports Course - cross country skiing (XC)

OS - Winter Sports Course - snowboarding

OS - Winter Sports Course - skitouring

OS - Winter Sports Course - downhill skiing



# Registration of subjects/courses

- All subjects are registered via SIS
- If you choose **OS – Physical Education** (in SIS), the next step is enrollment of a particular sport via our web application "kolweb":
  - a. Login details are the same as for SIS and CAS
  - b. Choose a sport you want to attend
  - c. Click on "ZAPSAT" (ENROLL)



All info including link to the web application can be found on our website



# Winter sport courses 2024

## GENERAL

Erlebach I	14th – 19th Jan
Leisacherhof (Austria)	3rd – 9th Feb
Erlebach II	11th – 16th Feb
Valmeinier, Valloir (France)	15th – 24th March

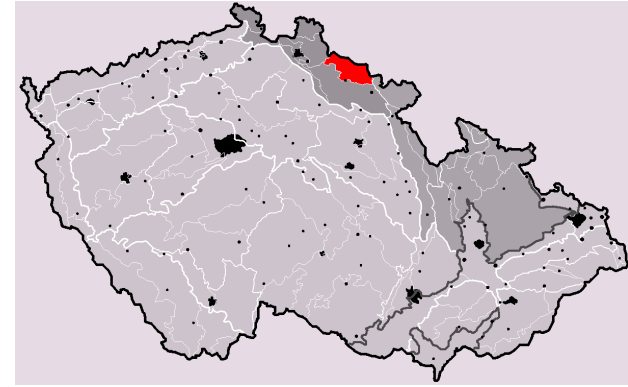
Registration from **17th October 2023 at 10:00 a.m.**  
via **“kolweb”** web application.



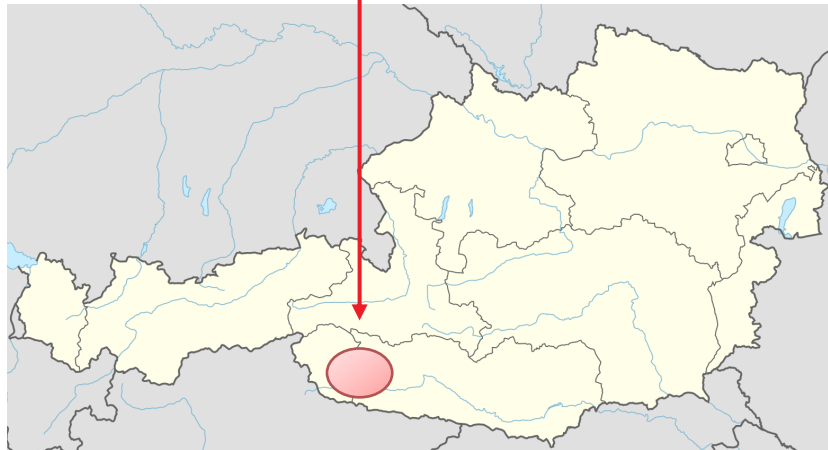
## SPECIALIZED

- Downhill skiing, cross country skiing, snowboarding, ski touring









# Summer sport courses 2024 - general

Dobronice I	11th – 18th August 2024
Dobronice II	18th - 25th August 2024

- registration from 3rd April 2024
- wide range of sports and activities
- accommodation in woden cabins
- full-board of food
- transport from and back to Prague



## SPECIALIZED

- all-year-round-organized courses: hiking, cycling, canoeing, ski touring etc.
- usually on weekends – type B courses





# VSK Medik Club

- Sport club for academic community of 2nd and 3rd Faculty of Medicine
- Close cooperation with our department
- Organizer and financial supporter of sport activities, events, courses
- Membership allows you participating in all events with little discount, free use of equipment for some sports and professional guidance
  - 200 CZK per calendar year (instructions for payment at our website)
- For obtaining credits all-year-round-organized sport courses you need to complete one 6-days course (type A) or two 3-days courses (type B) – list of courses on our [website](#)



# Hostivar Sports Centre – SC UK



- Bruslarska St. 10, Prague 10 – bus stop GERCENOVA



# External Sport Facilities

- Sports Hall - SK Aritma
- Climbing Wall - „Pod Juliskou“
- Shipyard - „Malá Chuchle“
- Bouldering - LokalBlok
- Studio Sun
- Self defence Sport Centre – CKS Zizkov
- Golf Centre - Hodkovicky
- Squash Centre – Strahov



→ Course fee is required at external sport facilities (!)



# Contacts

<b>Academic staff and researchers</b>	
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CHARLES UNIVERSITY  
Second Faculty of Medicine

# We are excited to move together!

We are open to new suggestions and feedback. If you have any questions do not hesitate to contact us!

General issues regarding physical education and sport can be consulted with our sport coordinator for international students Mgr. Michael Janek - [michael.janek@lfmotol.cuni.cz](mailto:michael.janek@lfmotol.cuni.cz)

Department of Physical Education