CHARLES UNIVERSITY
Second Faculty of Medicine

INFORMATION ABOUT PE AND SPORTS FOR INTERNATIONAL STUDENTS

Department of Physical Education
Second Faculty of Medicine
Charles University

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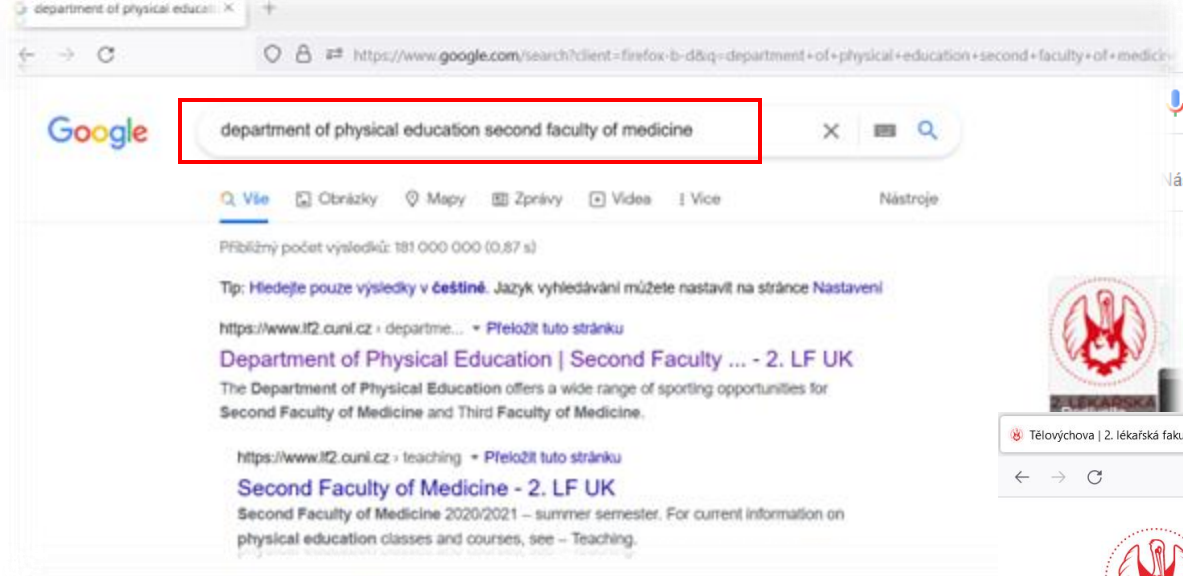
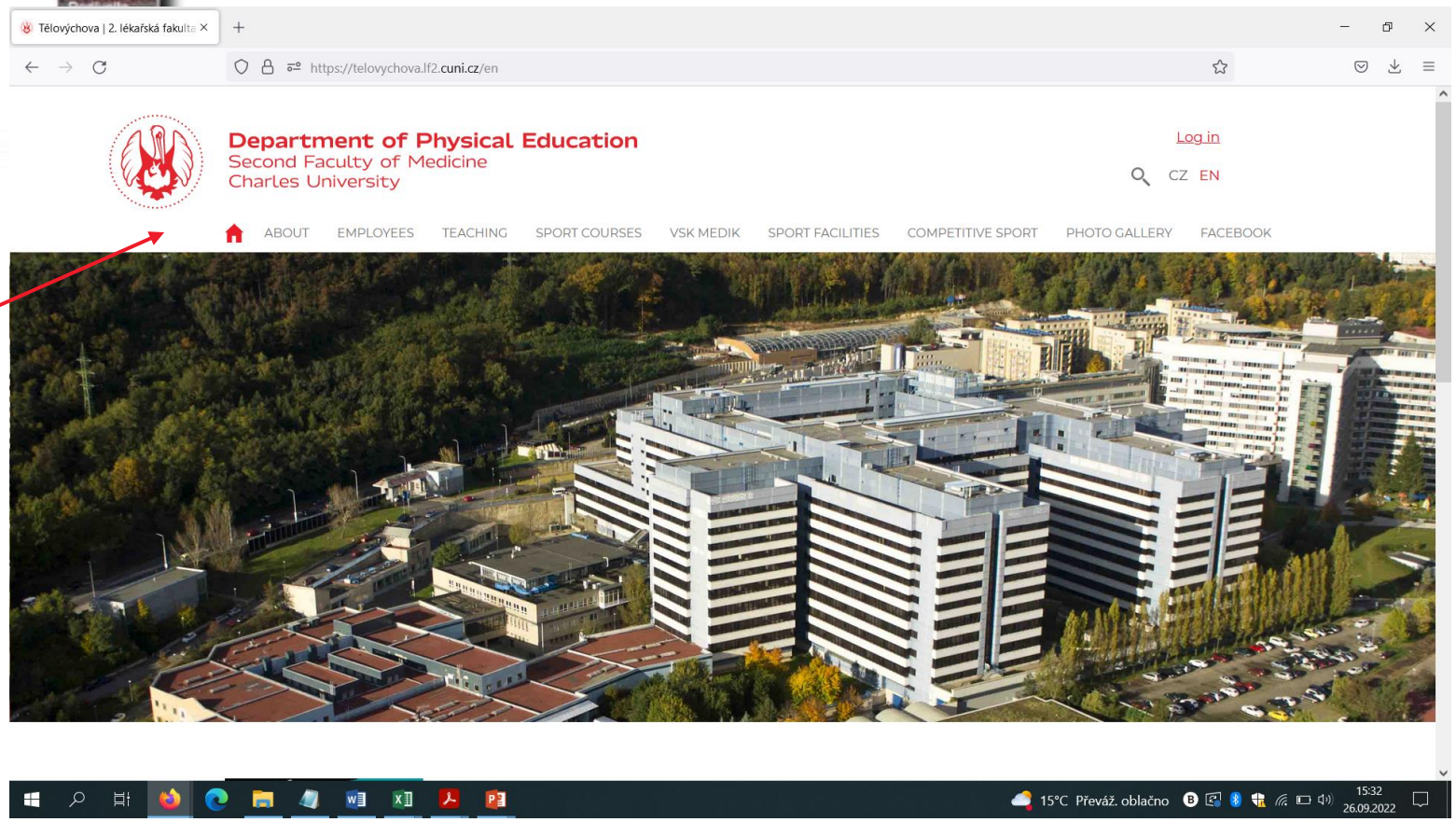


Access to our website:

1. Google the department
2. Choose the first option
3. Browse the info:
   - News
   - Contacts
   - Registration for PE and Courses
   - Sport facilities
   - Facebook
   - Etc.



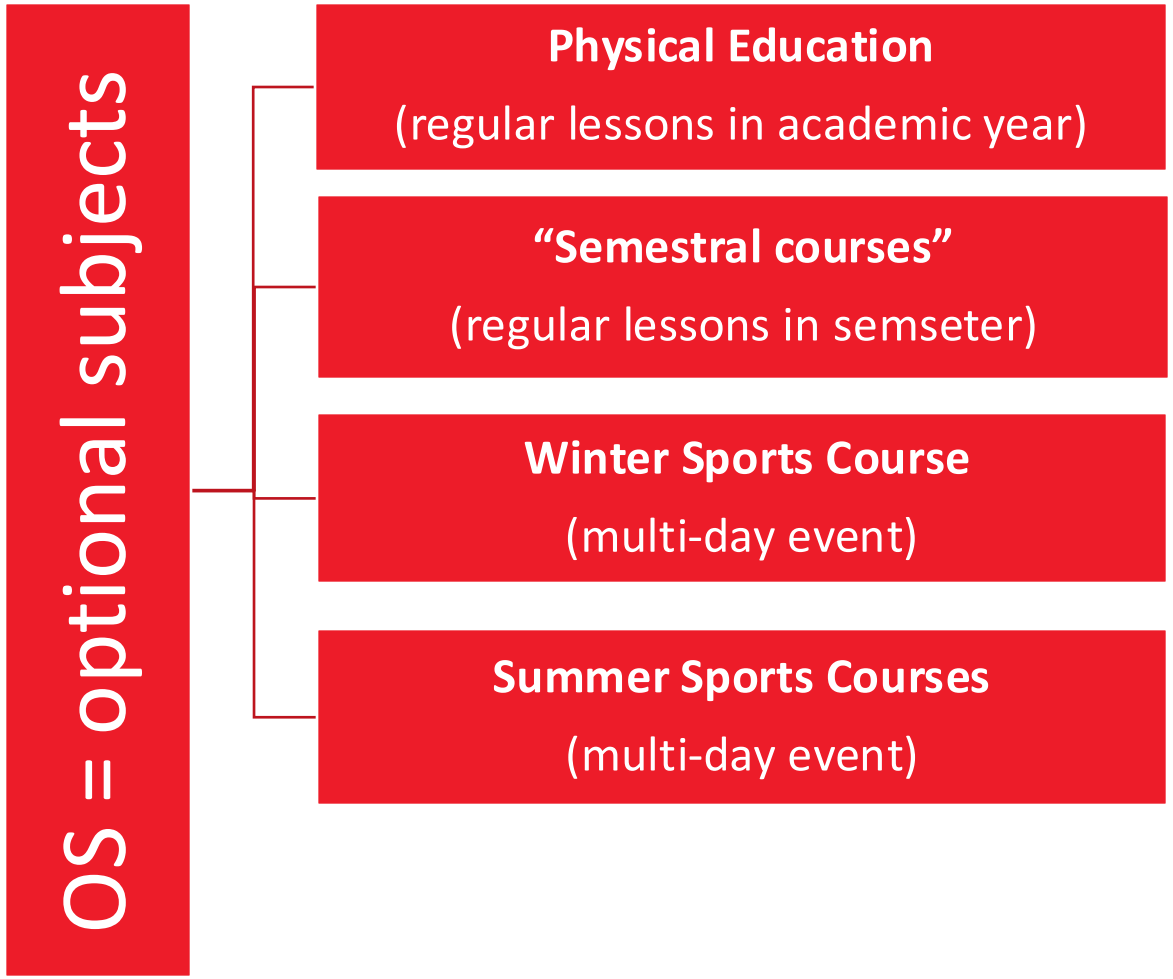
General information 1st – 6th year of study

- PE in General Medicine is optional – optional subjects (OS)

- 3 credits for each subject (e. g., OS PE, semestral course, course)
  - Possibility to enrol in any of them repeatedly each year of study

- Requirements for completing subjects:
  - Active participation
  - Minimum 12 attendances per year (6+6) for OS – Physical Education
  - Other OS set up by lecturers

Credit Sports Courses on Offer



List of Optional Subjects in SIS

OS - Reducing and fitness course

OS - Cycling course

OS - Canoeing course

OS - Climbing course

OS - Increasing physical ability

OS - Golf course

OS - Pilates course

OS - Dancing course

OS - Tourism Exploring Prague and surroundings

OS - Preparatory course I. for obtaining a license: Water Rescue - Lifeguard

OS - Rescue Course - obtaining a license: Water Rescue - Lifeguard

OS - Competitive swimming

OS - Competitive voleyball

OS - Summer sport course - specialized

OS - Summer sport course - general

OS - Summer sport course - general

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OS - Sports games

OS - Physical Education – a wide range of sport options in the web application ”kolweb”

OS - Health Physical Education

OS - Self defense course

OS - Competitive ice hockey

OS - Course for non-swimmers or swimmers - beginners

OS - Physical Education in Primary Prevention I

OS - Physical Education in Primary Prevention II

OS - Winter Sports Course - general

OS - Winter Sports Course - cross country skiing (XC)

OS - Winter Sports Course - snowboarding

OS - Winter Sports Course - skitouring

OS - Winter Sports Course - downhill skiing

Registration

- All subjects are registered via SIS
- If you choose OS – Physical Education (in SIS), the next step is enrolment of a particular sport via our web application "kolweb":

  a. Login details are the same as for SIS and CAS
  b. Choose a sport you want to attend
  c. Click on "ZAPSAT" (ENROLL)

⇒ All info, including a link to the web application, can be found on our website

Winter sport courses 2026

GENERAL week-long courses

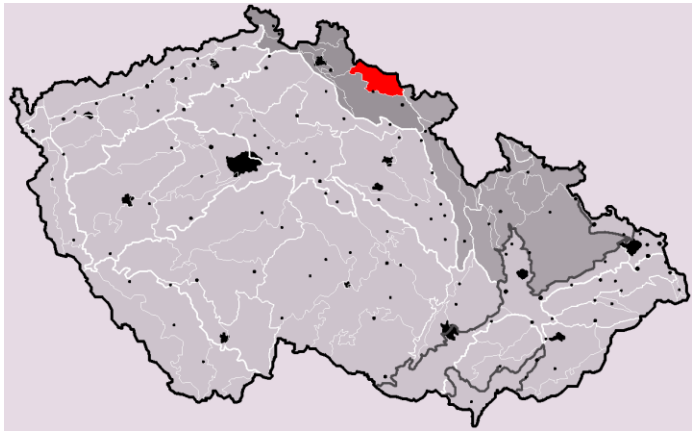
Gasthof Post, Austria	18th – 23rd Jan
Erlebach Challet I, Czechia	1st – 6th Feb
Leisacherhof, Austria	8th – 13th Feb
Erlebach Challet II, Czechia	15th – 20th Feb

Registration from **29th September 2025 at 10:00 a.m.** via **"kolweb"** web application.

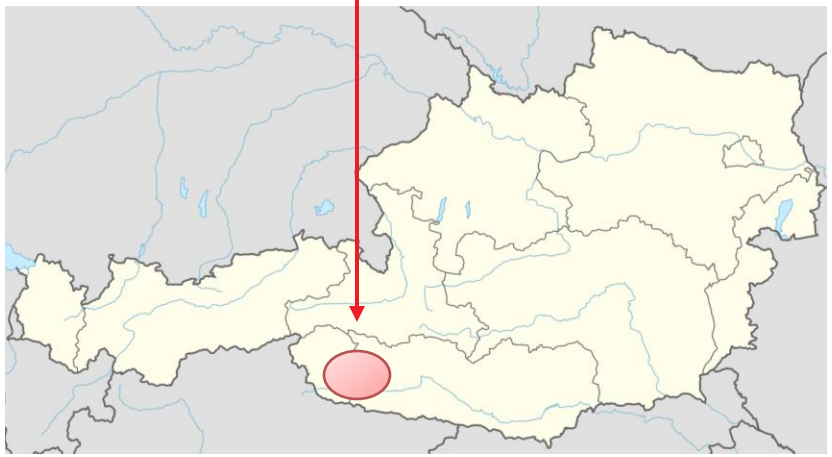
SPECIALIZED weekend courses

- e.g. XC skiing, snowboarding, ski touring will be announced during the autumn

Rokytnice, Giant mountains, Czechia



East Tyrol, Austria



Summer sport courses 2025/2026

GENERAL courses

Dobronice I	16th – 21st August 2026
Dobronice II	23rd - 28th August 2026

- registration in spring 2026
- wide range of sports and activities
- accommodation in wooden cabins
- full-board included
- transport from and back to Prague provided by bus

SPECIALIZED courses

- all-year-round-organised courses (e.g. hiking, cycling, canoeing)
- usually on weekends during the academic year

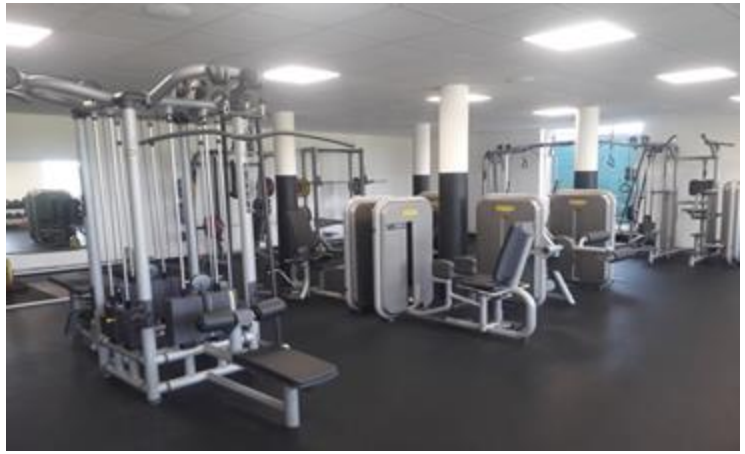
VSK Medik Club

- Sport club for the academic community of 2nd and 3rd Faculty of Medicine
- Close cooperation with our department
- Organiser and financial supporter of sports activities, events, courses

- Membership allows you to participate in all events with a discount, free use of equipment for some sports and professional guidance
  - 300 CZK per calendar year (instructions for payment on our website)

- To obtain credits for all-year-round-organised sports courses, you need to complete one 6-day course (type A) or two 3-day courses (type B) – list of courses on our website

Hostivar Sports Centre – SC UK

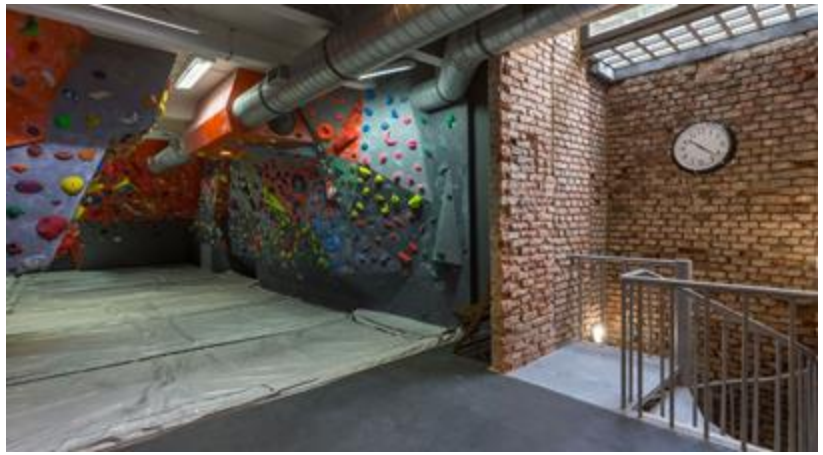


- Bruslarska St. 10, Prague 10 – bus stop GERCENOVA

External Sport Facilities

- Sports Hall - SK Aritma
- Climbing Wall - „Pod Juliskou“
- Shipyard - „Malá Chuchle“
- Studio Sun
- Self defence Sport Centre – CKS Zizkov
- Golf Centre - Hodkovicky
- Squash Centre – Strahov
- Faculty of Physical Education and Sport, CU

⇒ **Course fee** is required at external sport facilities (!)



Contacts

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We are excited to move together!

General issues regarding physical education and sport can be consulted with our sport coordinator for international students Mgr. Michael Janek - michael.janek@lfmotol.cuni.cz

Department of Physical Education